



SafetyAid Crime & Falls Prevention for Older Manitobans*

What is the SafetyAid program?

SafetyAid is a crime prevention program that helps prevent break and enters and gives older adults a greater sense of safety and security in their homes. SafetyAid also provides material on how to prevent falls. The SafetyAid program consists of:

- the SafetyAid team
- information on forgivable loans available through Home Adaptation for Seniors' Independence (HASI)

SafetyAid Team

The SafetyAid team has its own clearly marked, fully equipped van. The van will come to your home to do a home safety audit and a falls prevention audit. The van is staffed with an experienced tradesperson. If needed, the tradesperson will install security devices and provide falls prevention items.

How can I identify the SafetyAid Team?

The team will carry official SafetyAid identification cards that have the Age & Opportunity logo, the SafetyAid name and the staff person's name and picture on it. If someone comes to your home without this identification, do not let them in your house.

What is a home safety audit?

The team will come to your home and provide some simple safety tips to make your home safer and to prevent a fall.

What safety devices does the SafetyAid team offer?

The team can install deadbolts, peepholes, swing bars, smoke alarm batteries and extra address numbers. The team also provides falls prevention material: non-slip bath mats, nightlights, flashlights, fluorescent stair tape, salt for sidewalks and ice grip tips for canes.

How much does it cost?

This program is free for eligible older adults.

Who is eligible for an audit and free safety devices?

Older adults 65+ who live in the community and have a net income below \$25,000 if single or a combined net income of less than \$30,000 for couples. Victims of a break and enter or home invasion will receive first priority.

Older adults who exceed the income levels are eligible for free safety and falls prevention audits.

Who sponsors this program?

SafetyAid is funded by the provincial government. The provincial government is pleased to work with Age & Opportunity and local law enforcement, health and older adults groups to provide this program.

Who do I call?

Age & Opportunity Inc.
Toll Free: 1-888-333-1808
In Winnipeg call: 956-6440

***Please note – SafetyAid currently services the following communities & their surrounding areas:**

- | | | |
|---------------------------|---------------------------------|-----------------------|
| Arborg | Lac du Bonnet | Russell |
| Ashern | Little Black River First Nation | Sagkeeng First Nation |
| Beausejour | Minnedosa | Selkirk |
| Brandon | Neepawa | Shoal Lake |
| Dauphin | Opaskwayak Cree Nation | Ste. Anne |
| Ebb and Flow First Nation | (OCN) | Steinbach |
| Fisher River Cree Nation | Peguis First Nation | Ste. Rose du Lac |
| Flin Flon | Pine Creek First Nation | Stonewall |
| Gimli | Pinawa | Teulon |
| Gladstone | Portage la Prairie | The Pas |
| Grandview | Roblin | Swan River |
| Hamiota | | Winnipeg |

FOR OLDER ADULTS IN MANITOBA: Forgivable Loans are Available Through HASI

Low-income older adults who wish to do minor home adjustments can apply to the Home Adaptation for Seniors' Independence (HASI) program. HASI helps homeowners and landlords pay for minor home adaptations

to extend the time low-income older adults can live in their own homes independently. HASI provides eligible older adults with forgivable loans of up to \$3,500.

This program is available throughout Manitoba.

For more information on HASI, please contact:

**Manitoba Housing and Renewal Corporation
Family Services & Housing
In Winnipeg: 945-5566
Toll free: 1-866-689-5566**

For more information on HASI for First Nations, please contact:

**Canada Mortgage and Housing Corporation
(CMHC) – Manitoba
Suite 600 -175 Hargrave Street
Winnipeg, MB R3C 3R8
1-204-983-5600 / www.cmhc.ca**

Tips for Securing Your Home

- Do not open your door to strangers. If you are unsure or do not recognize the person, do not open your door. Make some noise or turn on the lights so the person knows someone is home.
- Install one-inch deadbolt locks.
- Keep your doors locked and windows secure at all times whether or not you are in the house.
- If keys are lost, change the locks.
- Get a door peephole.
- Do not hide keys around the house.
- Surround your house with good lighting.
- Keep your trees and shrubs trimmed so you can see what's going on in your yard.
- If you return to your home and see it's been broken into, do not go inside. Call the police immediately and wait for them to arrive and check your house.

Falls Prevention Tips

- Be aware of medications that cause dizziness.
- Wear properly fitting shoes and slippers.
- Keep your house and yard free of debris and hazards.
- Properly install grab-bars in the bathroom for support.
- Ask for help from friends or family when doing heavy, strenuous or potentially dangerous work around your home.
- Use prescribed and proper fitting aids for walking, balancing, seeing and hearing as required.

WEISER LOCK 



Royal Canadian Mounted Police
Gendarmerie royale du Canada



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Age & Opportunity Website: www.ageopportunity.mb.ca